



FSA Internship Program 2022 Internship Opportunities

Friends House Retirement Community

www.friendshouse.com

Overview:

Friends House Retirement Community is a faith-based non-profit retirement community that includes an affordable housing partnership on campus. It is unique among retirement communities in Maryland in that it is also a registered village – a neighborhood with internal and external supports designed aging-in-community.

From the tradition of the Religious Society of Friends (Quakers), Friends House holds the values of Friends known by the acronym SPICES: Simplicity, Peace and Non-violence, Integrity, Community, Equality, Stewardship, and Sustainability.

Friends have a practice of inclusion in decision making known as Sense of the Meeting. It is a practice of deep listening and discernment that is now recognized more in secular settings as being beneficial to solving problems in a group setting. At Friends House, we often hear the expression, “Nothing about us without us.” In that spirit, residents of Friends House contribute in significant ways to the life of the community, via their own 501C-3 non-profit, the Friends House Seniors Association.

Friends House is a 62 acre campus located at 17340 Quaker Lane, Sandy Spring, Maryland. Sandy Spring is a small town, rich in natural beauty and Quaker history. It is also mid-way between Washington, DC and Baltimore. It is a forty-five minute drive to downtown Baltimore and a forty-five minute drive to downtown, DC. There are lots of local restaurants, shops, museums and a world-class theatre within three miles of the campus.

Healthcare/Activities Internship

Description of Internship

The ideal candidate would be someone studying Nursing Home Administration, Social Work, or Nursing and Healthcare Management (dual degree). This intern would be involved in developing and implementing a system to track resident attendance and participation in planned activities and to identify areas of needed improvement.

The intern would be supervised by the Friends House Activities Director.

Educational Objectives and Project Goals

This intern will assist the Activities Director with the following objectives:

1. Assess resident engagement by conducting individual and small group listening sessions to determine resident interests and individual preferences.
2. Assist with the creation of a monthly schedule of activities based on the information gathered in the listening sessions.
3. Assist in the execution of those activities by preparing materials, designing optimal room setup, encouraging resident participation, and leading the activity. The intern will invite the resident to the activity, assisting them as necessary if there are physical or emotional challenges to their participation. These activities would include but not be limited to art, music and other sensory stimulation sessions, word games and trivia.
4. Assist the Nursing Home with tasks as needed.

The Healthcare/Activities Intern will:

- * Gain experience in communicating with seniors using the Montessori methods currently being implemented throughout the Friends House campus. (Our intention is to achieve a silver rating in 2022.)
- * With the development and implementation of a resident participation tracking system, the intern will be asked to prepare a report and recommendation based on those findings.